



– *the CHIMES* –

P.O. BOX 90366

WASHINGTON, D.C. 20090-0366

AUG Vol. LV, No. 8

August 21, 2011

Schedule

- 9:30am Inquiry Session – Sacred Heart Room – downstairs in the Friary
- 9:30am Candidate Session – St. Bonaventure Room downstairs
- 10:30am Franciscan Crown Rosary in Blessed Sacrament Chapel
- 11:15am Mass in Blessed Sacrament Chapel
- 12:00pm Fraternity Social Gathering – St. Francis Room – downstairs in the Friary. Refreshments will be provided.
- 12:45pm Fraternity Meeting – St. Francis Room

Fraternity Meeting Agenda

- Opening Prayers
- Handout on uses of Holy Water
- Discussion on Scripture verse given out at last meeting
- Short video on St. Clare
- Talk on St. Clare by Fr. Kevin
- Closing Evening prayer. If you have the “Shorter Christian” Prayer Book, please bring it with you.

DON'T FORGET YOUR BINDERS!

◆ Theme: **CLARE – PATRONESS OF THE FRANCISCAN SECOND ORDER** ◆

Bible Quote of the Month



You are the salt of the earth. But if salt loses its taste, with what can it be seasoned? It is no longer good for anything but to be thrown out and trampled underfoot. You are the light of the world. A city set on a mountain cannot be hidden. Nor do they light a lamp and then put it under a bushel basket; it is set on a lampstand, where it gives light to all in the house. Just so, your light must shine before others, that they may see your good deeds and glorify your heavenly Father. (*Matthew 11-12*)

Prayer of the Month

O Glorious St. Clare! God has given you the power of working miracles continually, and the favor of answering the prayers of those who invoke your assistance in misfortune, anxiety, and distress. We beseech you, obtain from Jesus through Mary His Blessed Mother, what we beg of you so fervently and hopefully,



Ling, Fr. Michael, and Saturnino

(mention your petition) if it be for the greater honor and glory of God and for the good of our souls. Amen.

Contacting Council

Below is contact information for Council members; please call before 9pm.



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ADMONITION OF ST. FRANCIS

20. On the good and the vain religious ¹

Blessed (is) he religious, who has not cheer and gladness except in the Lord's most holy discourses and works, and with these leads men forth to the love of God with joy and gladness (cf. Ps. 50:10). Woe to him religious, who delights himself in idle and frivolous words and with these leads men to laugh.



The Rule

Chapter Two, Article 17 of The Rule of the Secular Franciscan Order.

In their family they should cultivate the Franciscan spirit of peace, fidelity, and respect for life, striving to make of it a sign of a world already renewed in Christ.

By living the grace of matrimony, husbands and wives in particular should bear witness in the world to the love of Christ for his Church. They

¹ St. Francis of Assisi, *The Words of Admonition*, translated from the Critical Latin Edition, edited by Fr. Kajetan Esser, O.F.M, courtesy of Five Franciscan Martyrs Region, accessed April 19, 2010, URL <http://www.franciscan-sfo.org/ap/Admonitions.html>

should joyfully accompany their children on their human and spiritual journey by providing a simple and open Christian education and being attentive to the vocation of each child.

The Information Corner ²

Clare was a beautiful Italian noblewoman who became the Foundress of an order of nuns now called "Poor Clares." When she heard St. Francis of Assisi preach, her heart burned with a great desire to imitate Francis and to live a poor humble life for Jesus. So one evening, she ran away from home, and in a little chapel outside Assisi, gave herself to God. St. Francis cut off her hair and gave her a rough brown habit to wear, tied with a plain cord around her waist. Her parents tried in every way to make her return home, but Clare would not.



Soon her sister, St. Agnes joined her, as well as other young women who wanted to be brides of Jesus, and live without any money. St. Clare and her sisters wore no shoes, ate no meat, lived in a poor house, and kept silent most of the time. Yet they were very happy, because Our Lord was close to them all the time. Once, He saved them from a great danger in answer to St. Clare's prayer. An army of rough soldiers came to attack Assisi and they planned to raid the convent first. Although very sick, St. Clare had herself carried to the wall and right there, where the enemies could see it, she had the Blessed Sacrament placed. Then on her knees, she begged God to save the Sisters.

"O Lord, protect these Sisters whom I cannot protect now," she prayed. A voice seemed to answer: "I will keep them always in My care." At the same time a sudden fright struck the

² St. Clare, Catholic Online, accessed July 27, URL http://www.catholic.org/saints/saint.php?saint_id=215

attackers and they fled as fast as they could. St. Clare was sick and suffered great pains for many years, but she said that no pain could trouble her. So great was her joy in serving the Lord that she once exclaimed: "They say that we are too poor, but can a heart which possesses the infinite God be truly called poor?" We should remember this miracle of the Blessed Sacrament when in Church. Then we will pray with great Faith to Jesus in the Holy Eucharist: "Save me, O Lord, from every evil - of soul and body." Her feast day is August 11.

From the Mailbox: News of our Family

- **Adele Spellerberg** says she misses all of the members.

Food for Fraternity Meeting

Please don't forget to **donate \$1** to help with luncheon expenses. A can will be placed on the food table for your convenience. Thank you!



Below is a list of food items members volunteered to bring to the meeting. Contact Bill Richardson (richardson4645 @yahoo.com or 301-848-7390) if you wish to opt out, confirm, or bring a different item.

Fried chicken	Chris Cropper
Potato salad	Joan Adundo
Salad	Deborah McNeilly-Williams
Rolls	Mary Anne Corr
Watermelon	Nirvana Jolls
Fruit tray	Dave Weir
Cantaloupe	Soledad Wong
Candy for dessert	Mary Jo Fehr
Grapes & drink	Justina & Emy Cabigas
Cookies	Joe Rende
Sodas	Virginia Lyons
Veggie tray	Polly Howard,
	Vilma & Saturnino Camposano
Water	Bill Richardson

If you want to volunteer to bring something for a future meeting, please let Chris Cropper and/or Bill Richardson know well in advance.

Our New Seminarian



Meet Ryan Pineda³, the new seminarian whom our fraternity now supports. Ryan started his studies at the Theological College at Catholic University in 2009, and is currently assigned to assist at Blessed Sacrament Church in DC. Ryan was born in the Philippines, but considers Washington, DC his home. He will visit with us at a future meeting.

Please Pray For Our Sick

Pat Allnutt; Buelah Mary Bridges; Teresita Pena-Castro Bohan (no calls, please); Maria Louisa Correa (cancer of the eyes) and her family; Lordes Corso and her family; Pat Ferguson and her family; Roy Foster; Ling Guiron (operation); Marianne Hughes and her family; Sarah Hurd's family (Sarah recently deceased); Gwen Mason and her husband, Robert; Gene Sides; Julia Stratchko; and Theresa Wilson.



Franciscan Feastdays and Memorials

September 1 – Blessed Beatrice of Silva, virgin of II Order, founder (optional memorial); 2 – Bl. John Francis Burte, Bl. Severin Girault, and Companions, martyrs of I and III Orders (optional memorial); 4 – Saint Rose of Viterbo, virgin of III Order (optional memorial for III Order); 17 – Stigmata of our holy Father Francis (feast); 18 – Saint Joseph of Cupertino, priest of I Order (feast); 20 – Saint Francis Mary of Campososso, religious of I Order (memorial); 23 – Saint Padre Pio of Pietrelcina, stigmatist and priest of I Order (feast); 23 – Finding of the body of Saint Clare (optional memorial for II and III Order nuns); 26 – Saint Elzear of Sabran and Blessed Delphina of Glandenes, husband and wife of III Order (optional memorial for III Order).

³ Picture from CUA Magazine, Spring 2011, p6.

September Birthdays

September 1 – Kathleen White, 9 –
Salvacion Pagado, 18 – Marilyn
Taylor and Theresa Wilson, 19 –
Catherine Horvath, 23 – Jean
Fleurival, 30 – Maria Correra.



Feastdays of Franciscan Friars

Keep in your prayers the following friars, whose feast days are this coming month: September 21 – Jacob-Matthew Smith and James Gardiner (B).

Pray For Our Deceased Sarah Hurd, who died on August 9 at the age of 103. Her funeral Mass is on August 17 at Holy Comforter St. Cyprian Church at 10am; the viewing is at 9am. Sarah was professed in 1962 and was an active member until the last few years when her health failed. May the souls of the faithful departed, especially those of our members and their families, rest in eternal peace in the presence of our Lord.

August Reflection

By Vicky Spalding, SFO



August... where did the summer go??? Soon the weather will be turning cooler, then colder, then warmer, then hot again! The seasons unfold so beautifully year after year; the same way that our life should be steadily unfolding as Franciscans!

With each change of season, comes difficulties also, however, and our lives are no different. Last month, we spoke about redemptive suffering and the ways we can make reparation. Currently, I'm reading a book called *Consoling the Heart of Jesus*, by Fr. Michael Gaitley, M.I.C. It talks about ways we can console Jesus' Sacred Heart and make reparation for the sacrileges and indifferences committed against Him. In it, there is a short meditation scene that I'd like to share with you. It helped me to understand how Francis and Clare's meditation on the cross helped them draw closer to Christ.

NOW PLACE YOURSELF ON CALVARY

Mary takes you into her arms and lifts you close to the broken face of the Savior. He seems dazed and still doesn't see you. He only sees the rejection of the crowd. You touch his cheek with your hand and direct his gaze towards yours. You smile and speak to him from your heart.



Lord, don't look at them. Look at me. Lord, Jesus, even though my sins are many, I know the mercy of your heart. I'm sorry I was afraid to go to you. I'm sorry I left you alone. But look, here I am. Please forgive me my sins. I'm going to try to do better. Please forgive them their sins too. Lord, if they only knew you, they'd love you.

Lord, I can't offer much right now except for my weak trust and love. Jesus, I do trust in you, and I love you. Praise you, Jesus, and thank you for everything, especially for what you're suffering right now out of love for me. I've come to be with you, my friend. Don't be sad. I love you, and there's nowhere else I'd rather be than right here, praising you, thanking you, and consoling your heart.

These acts of love take the Lord by surprise. He was longing for love and he's found a return..... Of course, Jesus still feels the pain of rejection and sin, but as he looks from the Cross and sees your confident love, you really do distract him from the circus of abuse that surrounds him. Suddenly, he says to you, "My beloved friend, seeing your great confidence and love, I wish I could suffer even more." Yes, seeing you here, loving him and thanking him, makes it all worth it to him. This is what he's been waiting and hoping for. Now his suffering is somehow relieved, and he continues speaking to you: "Child, you are a delight to my Heart. At last, I have found some rest. My friend, I have found rest in your heart. Thank you for being with me at this hour."