



# — the CHIMES —

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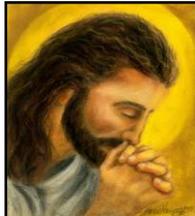
**There will not be any meeting this month due to Father's Day. Formation classes will still be held; contact your instructor for schedule. The July meeting will be held on its normal date and schedule.**



## ◆ Theme: FATHERHOOD ◆

### Bible Quote of the Month

Praise be to the God and Father of our Lord Jesus Christ, who has blessed us in the heavenly realms with every spiritual blessing in Christ. For he chose us in him before the creation of the world to be holy and blameless in his sight. In love he predestined us for adoption to sonship through Jesus Christ, in accordance with his pleasure and will to the praise of his glorious grace, which he has freely given us in the One he loves. In him we have redemption through his blood, the forgiveness of sins, in accordance with the riches of God's grace that he lavished on us. (*Eph. 1:3-8*)



### Prayer of the Month

The Our Father – Our Father, who art in heaven, hallowed be your name. Thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses as we forgive those, who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.



### The Rule

Chapter Three, Article 26 of The Rule of the Secular Franciscan Order.

As a concrete sign of communion and coresponsibility, the councils on various levels, in keeping with the constitutions, shall ask for suitable and well-prepared religious for spiritual assistance. They should make this request to the superiors of the four religious Franciscan families, to whom the Secular Fraternity has been united for centuries.

To promote fidelity to the charism as well as observance of the rule and to receive greater support in the life of the fraternity, the minister or president, with the consent of the council, should take care to ask for a regular pastoral visit by the competent religious superiors as well as for a fraternal visit from those of the higher fraternities, according to the norm of the constitutions.

## Contact Information

### Fraternity Council

Please call before 9pm.



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### St. Margaret of Cortona Regional Council

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## ADMONITION OF ST. FRANCIS

### 3. On Perfect Obedience<sup>1</sup>

The Lord says in the Gospel: "He who does not renounce all that he possesses, cannot be my disciple" (Lk 14:33); and: "He who will have wanted to save his life, shall lose it" (Lk 9:24). That man abandons all that he possesses, and loses his own body, who offers himself whole to obedience in the hands of his prelate. And whatever he does and says, that he himself knows, which is not contrary to his will, as long as what he does is good, is true obedience. And if at any time the subject sees better and more useful things for his own soul than those which the prelate precepts him, let him

<sup>1</sup> St. Francis of Assisi, *The Words of Admonition*, translated from the Critical Latin Edition, edited by Fr. Kajetan Esser, O.F.M, courtesy of Five Franciscan Martyrs Region, accessed April 19, 2010, URL <http://www.franciscan-sfo.org/ap/Admonitions.html>

sacrifice these willingly to God; but those which are the prelate's, let him strive to fulfill. For this is charitable obedience (cf. 1 Pet 1:22), since it satisfies God and neighbor.

If indeed the prelate precepts anything against his soul, though he is not to obey him, nevertheless let him not give him up. And if he has endured persecution by others for that reason, let him love (*dilectio*) them more for God's sake. For he who will endure persecution rather than wanting to be separated from his brothers, in truth remains continually in perfect obedience, since he lays down "his own life" (cf. Jn 15:13) on behalf of his brothers. For there are many religious, who under the appearance of seeing better things than those which their prelates precept, look back (cf. Lk 9:62) and return "to the vomit" of their own will. (cf. Prov. 26:11; 2 Pet 2:22); these are murderers and on account of their bad examples cause many souls to perish.

## From the Mailbox: News of our Family

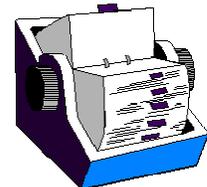
- **Roy Foster** writes from a VA facility in North Carolina:

I am very glad to receive the Chimes and I enjoy them! I appreciate that I am in your prayers and I am glad you are thinking of me. I am feeling well. The VA has been very good to me. I miss going to church and miss the people there. I don't get to go to church here often. We have a religious service every Wednesday and Friday named Soup for the Soul. Yours in Christ, Roy Foster, S.F.O.



## Update Your Directory

- **Emy Cabigas's** new address is 321 University Blvd. West #225, Silver Spring, MD 20901.
- **Salvacion Pagado's** new address is 1223 Potomac School Rd., McLean, VA 22101-2328.



### **News From Our Seminarian**

Ryan Pineda, the seminarian we support, wrote the following letter to us on May 1:



Mt. St. Sepulchre Fraternity, Pax! I am very grateful for the financial and spiritual support that you gave me this year. In a few days, I will take my final exam and next school year, I'll continue my formation in Theological College as a Theology student. I've already registered for classes and I will be taking Pentateuch, Spirituality, Christian Moral Life, History and Methods of Theology, and Basic Principles of Canon Law. It looks like an exciting semester as I continue my journey to the priesthood.

I also finished my ministry teaching RCIA at George Washington University. There were 11 students who were either confirmed, received into full communion or baptized. Unfortunately I was not able to witness the event because I was at Blessed Sacrament.

Two weeks ago I also went and participated at the Faith, Deafness and Disability Conference at Blessed Sacrament. Probably you might have seen my picture in the Catholic Standard.

Please know of my prayers for the community. Thank you again for everything.

Sincerely, Ryan

### **Please Pray For Our Sick**

Pat Allnutt; Rita Braddock and her husband; Buelah Mary Bridges; Emy Cabigas and her friend; Dorothy Clayton and her family; Maria Louisa Correa; Sarah Faizi and her family; Pat Ferguson and her daughter, Patty Wyman; Roy Foster; Marianne Hughes and her family; Gene Sides and his wife, Annegret; Vicky Spalding and her father, John Lynch; Adele Spellerberg and her daughter, Ruthie; Helen Walls; Dineen Whipple; Donna Wilkes; Winston Williams; and Theresa Wilson.

### **July Birthdays**

July 8 – Brenda Nutt, 16 – Justina Essiet, 22 – Sarah Faizi, 24 – John Monti, and 27 – Nancy McCleary.

### **Franciscan Feastdays and Memorials**

July 1 – Blessed Junipera Serra, priest of I Order (optional memorial); 8 – Blessed Gregory Grassi, bishop, and companions, martyrs of I and III Order (optional memorial); 9 – Saint Nicholas Pieck, priest, and companions, martyrs of I Order (memorial); 10 – Saint Veronica Giuliani, virgin of II Order (memorial, feast for II and III Order nuns); 12 – Saints John Jones and John Wall, priests and martyrs of the I Order (optional memorial); 13 – Blessed Angeline of Marciano, religious of the III Order (memorial for II Order nuns); 14 – Saint Francis Solano, priest of I Order (optional memorial); 15 – Saint Bonaventure, bishop and doctor of I Order (feast); 21 – Saint Lawrence of Brindisi, priest and doctor of I Order (feast); 23 – Blessed Cunegundes, religious of II Order (optional memorial for II and III Order nuns), and Saint Bridget, widow of III Order, founder (optional memorial); 24 – Blessed Louise of Savoy, religious of II Order (optional memorial for II and III Order nuns); and 27 – Bl. Mary Magdalene of Martinegro, virgin of II Order (optional memorial for II and III Order nuns).

### **Feastdays of Franciscan Friars**

Keep in your prayers the following friar, whose birthday is this coming month: July 20 – Ed Flanagan.

### **June Reflection**

#### **Father's Day<sup>2</sup>**



**Father's Day** is a celebration honoring fathers and celebrating fatherhood, paternal bonds, and the influence of fathers in society. Many countries celebrate it on the third Sunday of June but it is also celebrated widely on other days. Father's Day complements Mother's Day, a celebration honoring mothers. On behalf of Mt. St. Sepulchre Fraternity, I'd like to wish all our fraternity fathers a Happy Father's Day! May God bless you all!

<sup>2</sup> Father's Day (2012), accessed June 8, 2012, URL [http://en.wikipedia.org/wiki/Father%27s\\_Day](http://en.wikipedia.org/wiki/Father%27s_Day)